

Let Go

**Believing you
can save yourself**

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast.

EPHESIANS 2:8-9

**Trusting in politicians
or government to solve
all problems**

This Jesus is the stone that was rejected by you, the builders, which has become the cornerstone. And there is salvation in no one else, for there is no other name under heaven given among men by which we must be saved.

ACTS 4:11-12

Do not put your trust in princes, in mortal men, in whom there is no salvation. When his breath departs, they return to the earth; on that very day his plans perish. Blessed are those whose help is the God of Jacob, whose hope is in the Lord their God, who made heaven and earth, the sea, and all that is in them, who keeps faith forever, who executes justice for the oppressed, who gives food to the hungry.

PSALM 146:3-6

**Trusting money or
“stuff” for security**

The Lord is my shepherd, I shall not want.

PSALM 23:1

Do not store up for yourselves treasures on earth, where moths and vermin destroy, and thieves break in to steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and thieves do not break in and steal. For where your treasure is, there your heart will be also.

MATTHEW 6:19-21

**Pursuing unhealthy habits
to bring comfort**

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

GALATIANS 5:1

Feeding Fear & Anxiety

Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge Him and He will make your paths straight.

PROVERBS 3:5-6

Believing there is more than one way to heaven

I am the way and the truth and the life. No one comes to the Father except through me.

JOHN 14:6

Opinions of others for sense of value and worth

The fear of man lays a snare, but whoever trusts in the LORD is safe.

PROVERBS 29:25

Ungodly thoughts to distract

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

PHILIPPIANS 4:8

You will keep in perfect peace those whose minds are steadfast, because they trust in you.

ISAIAH 26:3

Needing to be healthy and feel happy in order to trust God

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.

JOHN 16:33

Trying to fix things in your own strength

Rejoice in the Lord always. I will say it again: rejoice! Let your gentleness be apparent to all. The Lord is near. Be anxious for nothing, but in everything, by prayer and petition, with thanksgiving, make your requests known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

PHILIPPIANS 4:4-7

Believing and following the whims of the world

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

ROMANS 12:2